

2026 Admission

International Students Entrance Examination Graduate School of Health and Well-being

Application Guidelines

Note 1: Common items of all graduate schools are published in separate files. Please check together.

Note 2: The application guidelines are for the International Students Entrance Examination for Japanese-based programs.

Note 3: All application forms designated by Kansai University are in Japanese.

**Kansai University
Graduate School**

II Admission Policy

Master's Degree Program

The Graduate School of Health and Well-being cultivates health and exercise instructors and also physical education and sports instructors as highly-qualified professionals, and provides basic education for human health and well-being researchers with an interdisciplinary and practical perspective. Thus the Graduate School accepts through a variety of entrance examinations those who have the following knowledge and skills, abilities of thinking, judgement, and expression, as well as proactive attitudes:

1. as for the graduates from the undergraduate course of the Faculty, to have acquired expertise of the specialized area in the undergraduate course. as for the other students, to have basic knowledge required for the promotion of health and well-being.
2. To have abilities to think autonomously from a global perspective through studies of the undergraduate course or social experiences equivalent to them, and to have willingness to contribute to society by demonstrating the capabilities of “Think and Act”, or comprehensive abilities of judgement and activities recommended by the University, while keeping an interactive communication with others.
3. To be always conscious of the needs of the times and to have willingness and dispositions to proactively study academic fields on health and well-being.

Ph.D. Degree Program

The Graduate School of Health and Well-being (Ph.D. Degree Program) aims to cultivate researchers who are capable of promoting human health and well-being from the perspective of “being healthy truly required for people” and highly-qualified professionals who can contribute to realization of health or sports promotion. Thus the Graduate School provides general and adult entrance examinations and accepts those who have the following knowledge and skills, abilities of thinking, judgement, and expression as well as proactive attitudes as the students of Ph.D. Degree Program:

1. As for students from the Graduates School (Master’s Degree Program), to have acquired expertise of the specialized academic field in the master’s degree program. As for the other students, to have knowledge required for the promotion of health and well-being equivalent level of students with the master’s degree;
2. to have abilities of autonomous thinking from a global perspective through studies in the master’s degree program or social experiences equivalent to them and to have the willingness to contribute to society by understanding regional issues and demonstrating the capabilities of “Think and Act”, or comprehensive abilities of judgement and activities recommended by the University, while keeping an interactive communication with others.
3. To be always conscious of the needs of the times and have willingness and dispositions to proactively study academic areas related to health and well-being with high-levels of professional ethics.

V Application Requirements

Graduate School of Health and Well-being (Master's Degree Program)

Graduate School, Major and Enrollment Capacity

Graduate School	Major	Enrollment Capacity
Graduate School of Health and Well-being	Health and Well-being Major	10

Note: The Graduate School of Health and Well-being has not established separate enrollment capacity for each type of entrance examination.

Master's Degree Program: International Students Entrance Examination (July Examination, October Examination and February Examination)

1. Qualification

Applicants who have obtained Level N1 (previously Level 1) on the Japanese Language Proficiency Test (JLPT) or scored 270 points or higher on the subject of Japanese as a Foreign Language (including the writing score) in the Examination for Japanese University Admission for International Students (EJU) which the valid period specified by the issuing institution of the Examination for Japanese University Admission for International Students (EJU) includes the application start date for the Examination Month, and who shall satisfy one of the following (1)~(5) conditions:

(including applicants who are expected to satisfy one of the following (1)~(4) conditions before enrolling at the Graduate School.)

- (1) Applicants who have completed a regular 16-year program of school education outside Japan (Note 1).
- (2) Applicants who have graduated from Japanese universities as international students.
- (3) Persons who have completed a 3-year program or a program of more than 3 years and have been awarded a degree by an overseas university or school (Note 2) which is recognized as being equivalent to a bachelor's degree.
(the 2016 ordinance of the Ministry of Education, Culture, Sports, Science and Technology, No. 19)
- (4) Applicants who have completed Specialized Course at Japanese special training schools after the designated date by the minister of MEXT[†] as international students. The training schools must satisfy the conditions designated by MEXT including that the length of term required for graduation be at least four years.
[†] MEXT; Japanese Ministry of Education, Culture, Sports, Science and Technology
- (5) Applicants who are recognized as having scholastic abilities equivalent or superior to the graduates of university through Pre-qualification Individual Screening for Entrance Examination of the Graduate School. (This requirement shall not apply to the foreigners who are recognized as having received Japanese regular school education program.)

Note 1: Those enrolled in the following schools are considered to be the same as application qualification

(1), as long as the period is less than four years in total.

- Elementary school, junior high school, high school etc. based on Japanese school education law
- Foreign school in Japan
- Overseas educational facilities accredited or designated by the Minister of Education, Culture, Sports, Science and Technology

Note 2: The university or the school shall be evaluated by an organization approved by a relevant official institution in the country for their education and research activities or recognized as so by the Minister of Education, Culture, Sports, Science and Technology.

[IMPORTANT] Notes regarding Pre-qualification Individual Screening for Entrance Examination

1. Subjects:

Applicants under qualification (5)

2. Application Procedures and Deadline:

Refer to 'Pre-qualification Individual Screening' (in the separate file "Common Items of all Graduate Schools" p.4).

(Note 1) Graduates (or those expected to graduate) from less than 16-year program of school education can also apply. In this case, please contact the Sakai Campus Office by the submission deadline of the documents for the screening as soon as possible.

(Note 2) Applicants who have received (or are expected to receive) the degrees in their home countries equivalent to those of Japanese universities can also apply. In this case, please inquire to the Sakai Campus Office as soon as possible.

【Important】 Before submitting your application, you shall contact the academic advisor and grant the permission to apply after referring to the ‘Graduate School of Health and Well-being: List of Subject and Academic Advisors for Master's Degree Program 2025 Academic Year (Prospective)’ shown after.

2. Application Documents

After you have paid the application fee of ¥35,000, submit the documents listed below.

Review **Cautionary Note** published at the end of the Application Guidelines (Japanese Version), and carefully check your application documents before submitting them.

Please submit the ‘Application Document List (Checklist)’ as well as the application documents.

Document to be Submitted [Document Number]	Remarks
Application Form (for submission) 【①】	Print out and submit after finalizing your online application.
Statement of Reason for Applying in Japanese 【②】	Use the form designated by the University.
Original transcript from previous universities and/or other institutions 【③】	<p>Submit original transcripts. If you cannot submit original transcripts, please submit transcripts that have been notarized by an embassy or other public institutions.</p> <ul style="list-style-type: none"> ◦ If you are currently enrolled, you should submit the latest transcript (original) when applying. ◦ If you have transferred from other universities to your current university, you also should submit transcripts (original) from the previous universities and/or other institutions as well. ◦ If you studied abroad during your enrollment period and credits have been approved, but the credits are not listed on the academic transcript of the university you are enrolled in, or the credits have not been approved after studying abroad, you also should submit the academic transcript (original) from the university where you studied abroad as well. ◦ If you participated in a DD (Dual Degree/Double Degree) program during your enrollment period, but the credits have been approved are not listed on your academic transcript of the university you are enrolled in, or if credits are recognized in a lump sum, you also should submit the transcript (original) from the university where you participated in the program as well. <p>Note 1 : If the certificate has multiple pages, the seal of the university or the signature of the person in charge of issuing the certificate is required on all pages.</p> <p>Note 2 : If you did not take any courses during your enrollment period, or if there is a blank period on your transcript due to studying abroad, please prepare a statement of reasons for that period (free format) and submit it together (School seal is not required).</p>
Original certificate of (expected) graduation from previous universities and/or other institutions 【④】	<p>Both of the entrance and (expected) graduation dates must be listed.</p> <p>If the above information is listed on the Application Document ③, this certificate does not need to be submitted.</p> <p>Submit an original certificate of (expected) graduation. If you cannot submit an original certificate, please submit a certificate of (expected) graduation that has been notarized by an embassy or other public institutions.</p> <p>Note : Applicants with Qualification (3) are required to submit a bachelor's degree certificate in addition to the graduation certificate.</p>

Research Plan in Japanese 【⑤】	About 1,200 words in length. Submit 1 original and 2 copies. Draft an overview of your proposed research plan on a computer using A4-size paper (horizontal text with 40 characters per row and 40 rows per page).
Certification for Japanese Language Proficiency 【⑩】	<div>In case of Japanese Language Proficiency Test (JLPT)</div> The original of 'Test Result' or 'Certificate of Result and Score' certifying that you have passed Level N1 (Level 1 of Former Test). ★ Be sure to submit the original. <div>In case of Examination for Japanese University Admission (EJU)</div> The Online Certificate 'Score Confirmation Report' certifying that you have acquired 270 or higher points (including the writing score) in Japanese language as a Foreign Language. Please print out the certificate on A4 paper.
Copy of Residence Card or Passport 【⑫】	For a residence card, submit a copy showing both sides. For a passport, submit a copy of pages showing your name, date of birth, photograph, expiration date, residence status, and the most recent period of stay.
Two Photographs	Affix a photograph taken within the last 3 months to the application form (for submission) and to the statement of reason for applying. Your photographs should not be retouched or edited. (The photograph affixed to your application form will be used on the student ID issued after enrollment, should you be admitted.)

3. Screening Method

The Graduate School will determine whether or not to admit applicants based on a comprehensive evaluation of document screening, written examination and oral examination.

4. The Pass/Fail Criteria

Pass/Fail is determined as the total scores on the written and oral examinations.

If either the written or oral examination score does not meet the criteria, the applicant may fail in spite of the total score.

To examine and screen the necessary erudition to study in the Graduate School of Health and Well-being, the number of successful applicants may not reach the enrollment capacity.

5. Examination Components

Written Examination	Oral Examination
Specialized Subject	
10:00 ~ 11:30 (90 minutes)	Held after the written examination

Note: More information about the oral examination will be provided on the day of the written examination.

6. Examination Subjects and Allocation of Points

Written Examination	Oral Examination (100 Points)
Specialized Subject (100 Points)	
Basic question on health and well-being	You will be asked questions in relation to the following points: ① Basic knowledge on the specialized subject ② Details of previous research ③ Research topic, methods and other details after enrollment

Note: Please select an academic advisor on applying.

The subject and academic advisors may change as needed.

If it changes, we will notify applicants via posting a notice (Japanese Version) on our website, please check our website before applying.

<https://www.kansai-u.ac.jp/Gr_sch/>

(2025/4)

Graduate School of Health and Well-being: List of Subject and Academic Advisors for Master's Degree Program 2026 Academic Year (Prospective)

Academic Advisor/E-mail		Doctorate	Research Fields	Subject
UEDA, Kimiko kimi-h-u@kansai-u.ac.jp	Professor	Ph.D.	Public Health Social Welfare of the Persons with Disabilities Social Epidemiology Pediatric Clinical Genetic Medicine	Study of Community Health Activities Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
OKADA, Tadakatsu okadat@kansai-u.ac.jp	Professor	Ph.D.	Social Welfare Policy Social Administration	Study of Health and Social Work Study of Social Policy Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
KAMIYA, Taku tkamiya@kansai-u.ac.jp	Professor	Ph.D.	Physical Education Sports Education	Study of Sport Education Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
KOMURO, Hiroki hkomuro@kansai-u.ac.jp	Professor		Somatic Education Holistic Education Educational Anthropology	Study of pedagogical anthropology Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
SHIKI, Yukiko shiki@kansai-u.ac.jp	Professor	Ph.D.	Kansei Sports Kansei Kansei Education	Study of Health Psychology Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
SHIBUYA, Kenichi shibuya@kansai-u.ac.jp	Professor	Ph.D.	Exercise Physiology Sports Nutrition Cognitive Science	Study of Environmental Physiology for Exercise Theory and Practical Study of Human Movement Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
TANISHO, Kei tanisho@kansai-u.ac.jp	Professor	Ph.D.	Training Science Coaching	Methods of Health Research 2 Study of Fitness Training for Health Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
TANEHASHI, Seiko s-tane@kansai-u.ac.jp	Professor	Ph.D.	Elderly Welfare Care and Welfare Welfare Management	Study of Welfare for the Elderly Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
TOKORO, Megumi tokoro@kansai-u.ac.jp	Professor		Study on Social Well-being Community Development Social Work Education and Service Learning Social Work	Community Development and Community Social Work Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
NISHIKAWA, Tomoyuki tomoyuki@kansai-u.ac.jp	Professor	Ph.D.	Social Pathology Social Interaction History of Sociology	Welfare Sociology Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
NISHIYAMA, Tetsuo nisiyama@kansai-u.ac.jp	Professor	Ph.D.	Sport Sociology Cultural Sociology Theory of Body Culture	Study of Sport Sociology Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
HARADA, Junko jharada@kansai-u.ac.jp	Professor		Dance Education Expressive Body Movements	Study of Expressive Body Movements Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
HIKOJI, Kei kei23@kansai-u.ac.jp	Professor	Ph.D.	Gerontology of Sports Sports Promotion	Methods of Health Research 2 Study of Lifelong Education for Sports Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B

Academic Advisor/E-mail		Doctorate	Research Fields	Subject
FUKUDA, Kiminori kiminori@kansai-u.ac.jp	Professor		Social Work Child/Family and Social Work	Study of Child and Family Services Study of Family Social Work Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
MURAKAWA, Haruhiko murakawa@kansai-u.ac.jp	Professor	Ph.D.	Physical and Health Education Applied Health Science	Study of Health and Well-being Life and Death Studies Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
MORI, Satoshi smori@kansai-u.ac.jp	Professor	Ph.D.	Cultural Anthropology Cultural History	Methods of Health Research 1 Study of Body Culture Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
YASUDA, Tadanori yassan@kansai-u.ac.jp	Professor		Physical Education Japanese Intellectual History	Study of Health and Human Science Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
WAKUI, Tadaaki t.wakui@kansai-u.ac.jp	Professor	Ph.D.	Sports Science Applied Health Science	Study of Behavior Science for Health Study of Health Management Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
WADAZUMI, Tsuyoshi wadazumi@kansai-u.ac.jp	Professor	Ph.D.	Exercise Physiology Exercise Prescription	Study of Exercise Physiology for Health Practice of Regional Collaboration Issues B Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B
SANO, Kanae kanae_s@kansai-u.ac.jp	Associate Professor	Ph.D.	Human Movement Dynamics Sport Biomechanics	Study of Biomechanics Seminar of Health and Well-being (1) A · B Seminar of Health and Well-being (2) A · B

Extended Enrollment System

In order to better meet the diverse needs of enrollees and expand opportunities for graduate-level learning and research, the Graduate Schools of Law, Letters, Informatics, Foreign Language Education and Research, Psychology (Psychology Major), East Asian Cultures, Governance, Health and Well-being offer a three-year course, in addition to the standard two-year Master's Degree Program. This program offers the following characteristics.

(1) Annual Course Credit Limits

Under this program the limit of annual credit is as follows:

【Graduate Schools of Law, Informatics, Psychology (Psychology Major), Governance】

Course	First Year	Second Year	Third Year
Two-year Course	28	28	—
Three-year Course	20	20	16

【Graduate Schools of Letters, Foreign Language Education and Research, East Asian Cultures, Health and Well-being】

Course	First Year	Second Year	Third Year
Two-year Course	30	30	—
Three-year Course	20	20	20

(2) Assignment of Classes by Year for the Three-year Course

Graduate School of Law	Seminar (1)A and (1)B, a major subject in the Legal and Political Studies Course is assigned to first- and second-year students. Seminar (2)A and (2)B is assigned to third-year students. Seminar in the Business Law Course and Public Policy Course are assigned to third-year students.
Graduate School of Letters	Seminar (1)A and (1)B is assigned to as a research guidance class for their master's thesis; while Seminar (2)A and (2)B is assigned to third-year students. The master's thesis is submittal in the third-year.
Graduate School of Informatics	A research guidance class for students' master's thesis is assigned to third-year students. Submission of master's thesis is in the third-year.
Graduate School of Foreign Language Education and Research	The classes taught by the student's faculty advisor as well as the Master's Degree Program Seminars 1a and 1b are assigned to first-year students. Master's Program Seminars 2a and 2b are assigned to third-year students.
Graduate School of Psychology (Psychology Major)	Seminar of Psychology (1)A and (1)B is assigned to first-year students, while Seminar of Psychology (2)A and (2)B is assigned to third-year students. Submission of master's thesis is in the third-year.
Graduate School of East Asian Cultures	Seminar (1)A and (1)B is assigned to as a research guidance class for their master's thesis; while Seminar (2)A and (2)B is assigned to third-year students. The master's thesis is submittal in the third-year.
Graduate School of Governance	Seminar of Governance I and II is assigned to first-year students, while Seminar of Governance III and IV, a research guidance class that focuses on a specific topic, is assigned to third-year students. Submission of master's thesis or a report on a specific theme of research is in the third-year.
Graduate School of Health and Well-being	Seminar of Health and Well-being (1)A and (1)B is assigned to as a research guidance class for their master's thesis; while Seminar of Health and Well-being (2)A and (2)B is assigned to third-year students. The master's thesis is submittal in the third-year.

(3) Changing Courses after Enrollment

At the time enrollees become second-year students, they can request to switch from the three-year course to the two-year course if they satisfy the following conditions as designated by each Graduate School. If they do so, at the Graduate Schools of Law, Informatics, Psychology (Psychology Major), Governance, the course limit

of their second-year will be 28 credits, and at the Graduate Schools of Letters, Foreign Language Education and Research, East Asian Cultures, Health and Well-being, the course limit of their second-year will be 30 credits.

Eligible students will be notified during the fall semester of their first-year (Enrollees from the fall semester: spring semester of their first-year) by the University's Information System. Please note that it is impossible to switch from the two-year course to the three-year course.

Graduate School of Law	The student must have earned 20 credits, which is the requirement for submitting a master's thesis, as of the end of his or her first-year.
Graduate School of Letters	
Graduate School of Foreign Language Education and Research	
Graduate School of Psychology (Psychology Major)	
Graduate School of East Asian Cultures	
Graduate School of Health and Well-being	The student must have earned 16 credits, which is the requirement for submitting a master's thesis, as of the end of his or her first-year.
Graduate School of Informatics	
Graduate School of Governance	The student must have earned 20 credits, which is the requirement for submitting a master's thesis or a report on a specific theme of research, as of the end of his or her first-year.

(4) Limit of Years of Enrollment

Limit of years enrolled for both the two-year course and three-year course is 4 years.

(5) Graduation Requirements

The graduate requirements are the same for both the two-year and three-year courses. Students enrolled in the three-year course shall take three years to complete the same requirements as students enrolled in the two-year course. For more information, please refer to the Kansai University student handbook 'KAN-CAN'.

(6) School Fees and Other Fees

As for School fees, refer to 'School Fees and Other Fees for 2026' (in the separate file "Common Items of all Graduate Schools" p.23).

If you change your attendance period If applicants change their course (from three-year course to two-year course), the total of the school fees and other fees will be the same amount of the ones (two-year course).

(Confirm the exact amount of the school fees and other fees to pay when you take the changing procedures.)

If you wish to apply for the three-year course under the Extended Enrollment System, select "Three-year Course" for the "Extended Enrollment" field on the Online Application. Your selection of either course will have no effect on the admission decision.

If you wish to switch courses after being admitted, inform the Graduate School Admissions Division by Spring enrollment: January 9 (Fri), 2026.

Please note that applicants admitted under the University's February Examination are not able to switch courses prior to their enrollment.